

# SOPISDEW CAMEROON

## COVID-19 PARENTING IMPACT EVALUATION

Preventing violence against children through improving positive parenting in the time of COVID-19

### BACKGROUND

SOPISDEW is partnering with Parenting for Lifelong Health to deliver evidence-informed parenting tools in Cameroon to support parents and caregivers during/throughout the COVID-19 Pandemic.

These resources were developed in collaboration with the WHO, UNICEF, UNODC, the Global Partnership to End Violence, Centers for Disease Control and Prevention, World Childhood Foundation, and World Without Orphans to support parents in keeping themselves and their children safe, happy, and healthy during this stressful period.

### OUR REACH

Through church seminars, radio broadcasts, texts and social media, SOPISDEW has reached approximately 18,000 caregivers with these resources

### ABOUT US

The Society for the Promotion of Initiatives in Sustainable Development and Welfare (SOPISDEW) is a non-profit organisation created to empower local communities.

SOPISDEW's goals are to create an enabling volunteering environment in view of tackling community development challenges. To promote local initiatives through direction of strategic humanitarian resources for community development. To promote and protect the cultural and natural heritage of rural and indigenous communities. To promote human rights, peace, justice and the rule of law in local communities

### OUR IMPACT ON FAMILIES

n = 139



84%

reported more parent engagement and play



94%

reported more confidence in having positive relationships with children



90%

reported more confidence in protecting children from sexual abuse



90%

reported more capacity to cope with parenting stress



86%

reported less physical abuse



86%

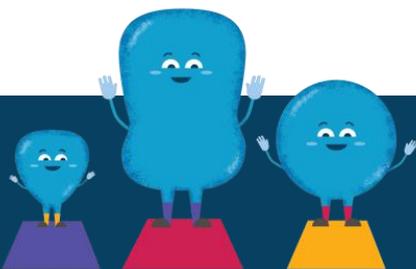
reported less emotional abuse

### WHAT THE PARENTS SAID

"I am able to control my anger and deal with my children in a more understanding way"

"I used parenting tips as my daily guide. This has helped me not to spank and shout at my children and they are now obedient to me more than ever."

\*Results are based on 139 retrospective surveys conducted by the University of Oxford and Parenting for Lifelong Health. For more information, please contact [info@covid19parenting.com](mailto:info@covid19parenting.com).



For more information, please contact us at [sopisdewcam@gmail.com](mailto:sopisdewcam@gmail.com)

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