

RISE NORTH MACEDONIA

COVID-19 PARENTING IMPACT EVALUATION

Preventing violence against children through improving positive parenting in the time of COVID-19

BACKGROUND

RISE North Macedonia is partnering with Parenting for Lifelong Health to deliver evidence-informed parenting tools in North Macedonia to support parents and caregivers during/throughout the COVID-19 Pandemic.

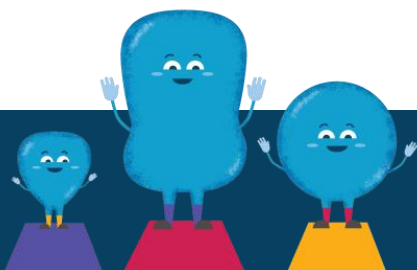
These resources were developed in collaboration with the WHO, UNICEF, UNODC, the Global Partnership to End Violence, Centers for Disease Control and Prevention, World Childhood Foundation, and World Without Orphans to support parents in keeping themselves and their children safe, happy, and healthy during this stressful period.

OUR REACH

Through parenting sessions and home visits, RISE has reached approximately 31,000 caregivers with these resources

ABOUT US

The aim of the RISE project is to implement cost-effective parenting interventions for the prevention of child mental health problems in Low and middle income countries in Eastern Europe.



OUR IMPACT ON FAMILIES

n = 57



81%

reported more parent engagement and play



96%

reported more confidence in having positive relationships with children



93%

reported more confidence in protecting children from sexual abuse



75%

reported more capacity to cope with parenting stress



84%

reported less physical abuse



68%

reported less emotional abuse

WHAT THE PARENTS SAID

"I learned how to deal more effectively and efficiently with the implementation of home rules and routines with my son, how to listen to him, but still not to give up when I shouldn't, I successfully teach him what self-confidence is, we regularly cheer up, we praise for each of his good new behaviors. I succeed to cope with what I used to struggle with. Our life is even better and of better quality now. Now I have time for myself and for us."

*Results are based on 57 retrospective surveys conducted by the University of Oxford and Parenting for Lifelong Health. For more information, please contact info@covid19parenting.com.

For more information, please contact us at Institut Alternativa

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<https://rise-plh.eu/>