# **GABRIEL PROJECT MUMBAI (INDIA)**

#### **COVID-19 PARENTING IMPACT EVALUATION**

Preventing violence against children through improving positive parenting in the time of COVID-19

### **BACKGROUND**

Gabriel Project Mumbai is partnering with Parenting for Lifelong Health to deliver evidence-informed parenting tools in India to support parents and caregivers during/throughout the COVID-19 Pandemic.

These resources were developed in collaboration with the WHO, UNICEF, UNODC, the Global Partnership to End Violence, Centers for Disease Control and Prevention, World Childhood Foundation, and World Without Orphans to support parents in keeping themselves and their children safe, happy, and healthy during this stressful period.

#### **OUR REACH**

Through parenting sessions and home visits, GPM has reached approximately 2000 caregivers with these resources.

## **ABOUT US**

Gabriel Project Mumbai (GPM) is an NGO promoting holistic development and empowerment for marginalized communities in the villages and slums in India. GPM places an emphasis on vulnerable children in slums and under-served rural villages of Maharashtra, India. GPM is a grassroots response to poverty, malnutrition, ill-health, hunger and child labor in India.



#### **OUR IMPACT ON FAMILIES**

n = 171



**7** 

**77**%

reported more parent engagement and play



96%

reported more confidence in having positive relationships with children



61<sup>%</sup>

reported more confidence in protecting children from sexual abuse



**77%** 

reported more capacity to cope with parenting stress



**64**%

reported less physical abuse



66%

reported less emotional abuse

## WHAT THE PARENTS SAID

"The parenting tips we received have been very helpful in spending this crucial time with our children, managing stress levels and maintaining harmony among the family members. We do meditation, listen to our favourite songs and do fun activities together and try to learn something new every day."

\*Results are based on retrospective surveys conducted by the University of Oxford and Parenting for Lifelong Health. For more information, please contact info@covid19parenting.com.

