

KARKHANA (NEPAL)

COVID-19 PARENTING IMPACT EVALUATION

Preventing violence against children through improving positive parenting in the time of COVID-19

BACKGROUND

Karkhana is partnering with Parenting for Lifelong Health to deliver evidence-informed parenting tools in Nepal to support parents and caregivers during/throughout the COVID-19 Pandemic.

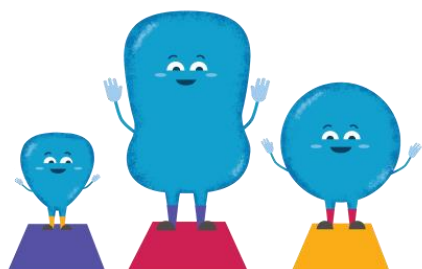
These resources were developed in collaboration with the WHO, UNICEF, UNODC, the Global Partnership to End Violence, Centers for Disease Control and Prevention, World Childhood Foundation, and World Without Orphans to support parents in keeping themselves and their children safe, happy, and healthy during this stressful period.

OUR REACH

Through parenting sessions and home visits, Karkhana has reached approximately 31,000 caregivers with these resources

ABOUT US

Karkhana, based in Nepal, was created to nurture a spirit of innovating locally so as to make a global impact. Their aim is to empower people with the skills & attitudes that will help them build their future and the future of their community.



OUR IMPACT ON FAMILIES

n = 13



62%

reported more parent engagement and play



85%

reported more confidence in having positive relationships with children



69%

reported more confidence in protecting children from sexual abuse



62%

reported more capacity to cope with parenting stress



77%

reported less physical abuse



54%

reported less emotional abuse

WHAT THE PARENTS SAID

"Firstly, I imagine myself in my child's place and try to keep myself in her shoes. Then I realize the difficulties or expectation of my child from her parents. This made it easier to deal with my child following the parenting tips that I learned."

"I spend a lot of time with them. I listen to them carefully. We discuss anything in a deep and subtle way,"

*Results are based on 13 retrospective surveys conducted by the University of Oxford and Parenting for Lifelong Health. For more information, please contact info@covid19parenting.com.